

Castle Academy

Lunch

October 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheesy Rice & Ham Mixed Vegetables Seasonal Fruit Salad Milk	2 Breakfast Burritos Berries & Bananas Milk
5 Tator Tot Casserole Green Beans Baked Apples Milk	6 Broccoli & Ham Cornbread Bake Fruit Salad Milk	7 Pizza Salad Applesauce Milk	8 Chicken & Noodles Mixed Vegetables Seasonal Fruit Salad Milk	9 Sloppy Joes Carrots Fruit Salad Milk
12 Turkey & Cheese Sandwiches Carrots Baked Apples Milk	13 Pizza Casserole Fruit Salad Milk	14 Pizza Salad Applesauce Milk	15 Chicken & Rice Mixed Vegetables Seasonal Fruit Salad Milk	16 Spaghetti Green Beans Fruit Salad Milk
19 Beans & Franks Green Beans Baked Apples Milk	20 Ham & Potatoe Bake Fruit Salad Milk	21 Pizza Salad Applesauce Milk	22 Chicken & Noodles Mixed Vegetables Seasonal Fruit Milk	23 Ham & Eggs Berries & Bananas Milk
26 Mac-n-Cheese & Hot Dogs Green Beans Baked Apples Milk	27 Taco Casserole Fruit Salad Milk	28 Pizza Salad Applesauce Milk	29 Shepherd's Pie Mixed Vegetables Seasonal Fruit Salad Milk	30 Bean & Cheese Burritos Carrots Fruit Salad Milk

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