

Castle Academy

Lunch

October 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Sloppy Joes Carrots Fruit Salad Milk	2 Pizza Salad Applesauce Milk	3 Chicken & Noodles Mixed Vegetables Seasonal Fruit Milk	4 Ham & Eggs Berries and Bananas Milk
7 Mac-n-Cheese & Hot Dogs Green Beans Baked Apples Milk	8 Burritos Carrots Fruit Salad Milk	9 Pizza Salad Applesauce Milk	10 Shepherd's Pie Mixed Vegetables Seasonal Fruit Salad Milk	11 Ham & Eggs Berries and Bananas Milk
14 Stroganoff Green Beans Baked Apples Milk	15 Hot Dogs Carrots Fruit Salad Milk	16 Pizza Salad Applesauce Milk	17 Cheesy Rice & Ham Mixed Vegetables Seasonal Fruit Milk	18 Breakfast Burritos Berries & Bananas Milk
21 Tator Tot Casserole Green Beans Baked Apples Milk	22 Ham & Pickle Wrap Carrots Fruit Salad Milk	23 Pizza Salad Applesauce Milk	24 Chicken & Veggie Casserole Seasonal Fruit Milk	25 Pancakes Sausage Berries & Bananas Milk
28 Spaghetti Green Beans Baked Apples Milk	29 Turkey & Cheese Sandwich Carrots Fruit Salad Milk	30 Pizza Salad Applesauce Milk	31 Chicken & Rice Mixed Vegetables Seasonal Fruit Milk	

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