

# Castle Academy

## Lunch

October 2018

3760 Dacoro Lane  
Castle Rock, CO 80109

303-615-3240  
castleacademy2002@yahoo.com  
TaxID: 84-1497276

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Tator Tot Casserole Green Beans Baked Apples Milk	Ham & Pickle Wrap Carrots Fruit Salad Milk	Pizza Salad Applesauce Milk	Chicken & Veggie Casserole Seasonal Fruit Milk	Pancakes Sausage Berries & Bananas Milk
8	9	10	11	12
Spaghetti Green Beans Baked Apples Milk	Turkey & Cheese Sandwich Carrots Fruit Salad Milk	Pizza Salad Applesauce Milk	Chicken & Rice Mixed Vegetables Seasonal Fruit Milk	Hash Brown Skillet Berries & Bananas Milk
15	16	17	18	19
Beans & Franks Green Beans Baked Apples Milk	Taco Burgers Carrots Fruit Salad Milk	Pizza Salad Applesauce Milk	Chicken & Noodles Mixed Vegetables Seasonal Fruit Milk	French Toast Sticks Sausage Berries & Bananas Milk
22	23	24	25	26
Mac-n-Cheese & Hot Dogs Green Beans Baked Apples Milk	Burritos Carrots Fruit Salad Milk	Pizza Salad Applesauce Milk	Shepherd's Pie Mixed Vegetables Seasonal Fruit Salad Milk	Ham & Eggs Berries and Bananas Milk
29	30	31		
Stroganoff Green Beans Baked Apples Milk	Hot Dogs Carrots Fruit Salad Milk	Pizza Salad Applesauce Milk		

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